



MENTAL HEALTH OF INTERNATIONAL MIGRANTS: SOME ELEMENTS FOR DEBATE IN CHILE

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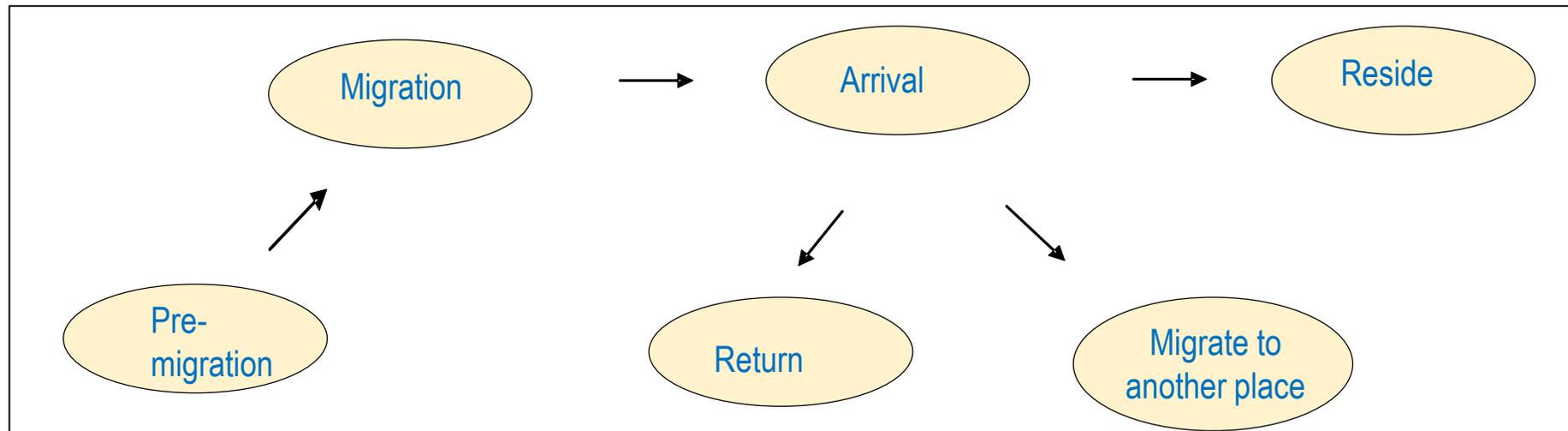
INSTITUTO DE CIENCIAS E INNOVACIÓN EN MEDICINA
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PSYCHIATRY AND MIGRATION: FIRST THEORETICAL APPROACHES



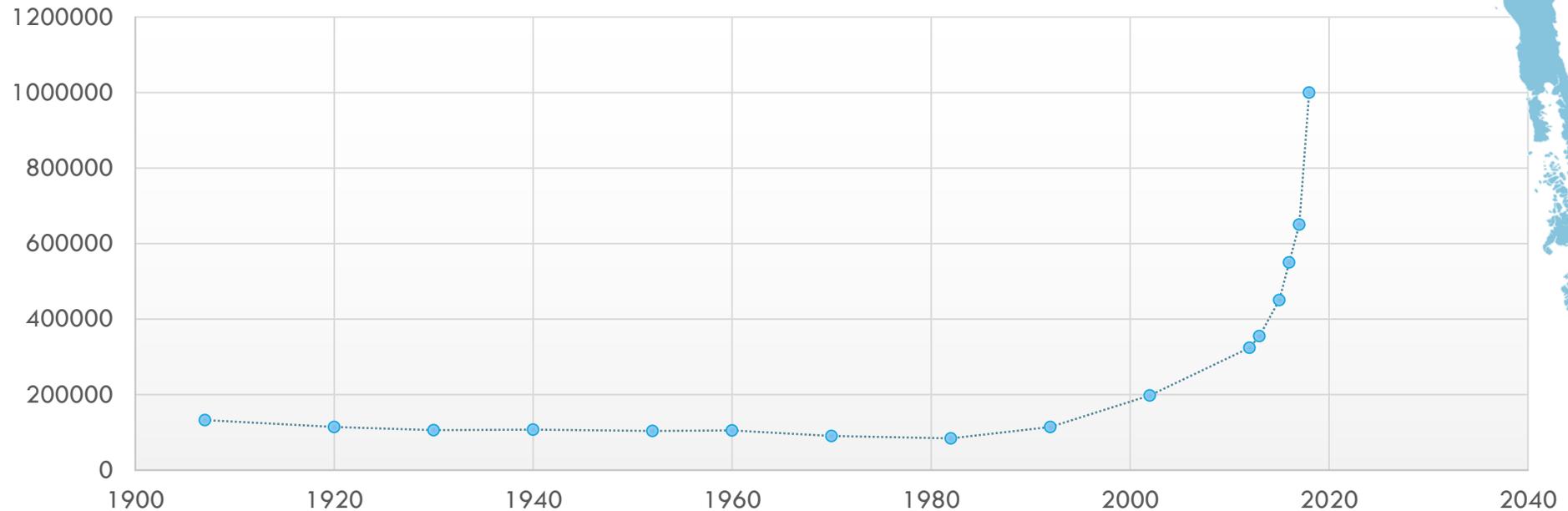
- Odergaard '30: Is there a trend of Norwegian migrants in the US to develop schizophrenia?
- Robert Littlewood '80: Greater tendency of British psychiatrists to diagnose Afro-Caraibic migrants?
- Debate on the universality of psychiatric diagnosis and the relevance of the DSM
- Current trends to compare prevalences between migrant and non-migrant population: the problem of heterogeneity and method

MIGRATORY PROCESS AND CONSTRUCTION OF HEALTH VULNERABILITIES (MENTAL HEALTH)



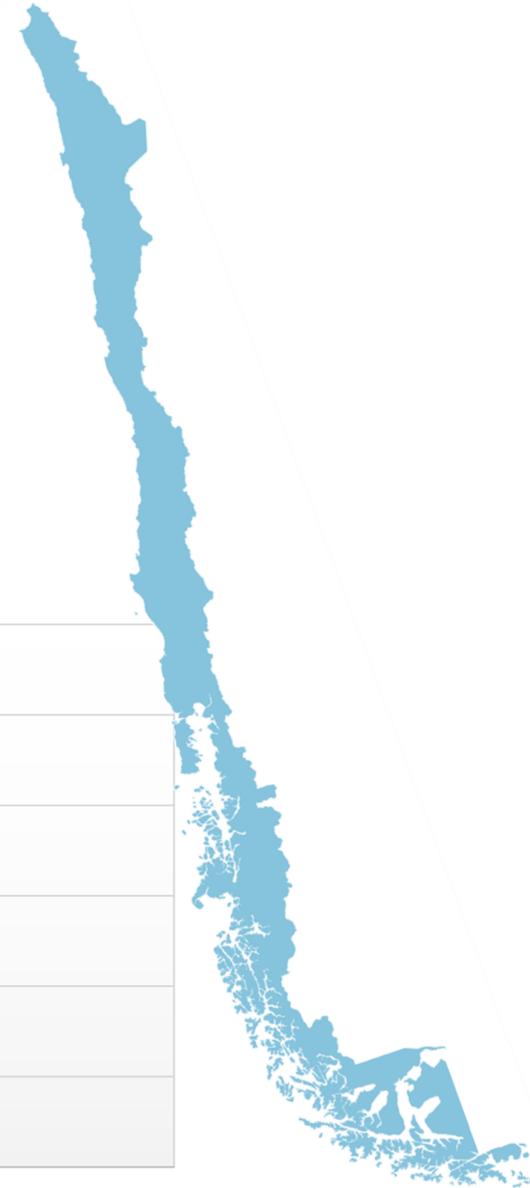
(Stefoni, 2006, Cabieses, 2011)

CHILE: A DESTINATION WITH A SOUTH-SOUTH PATTERN

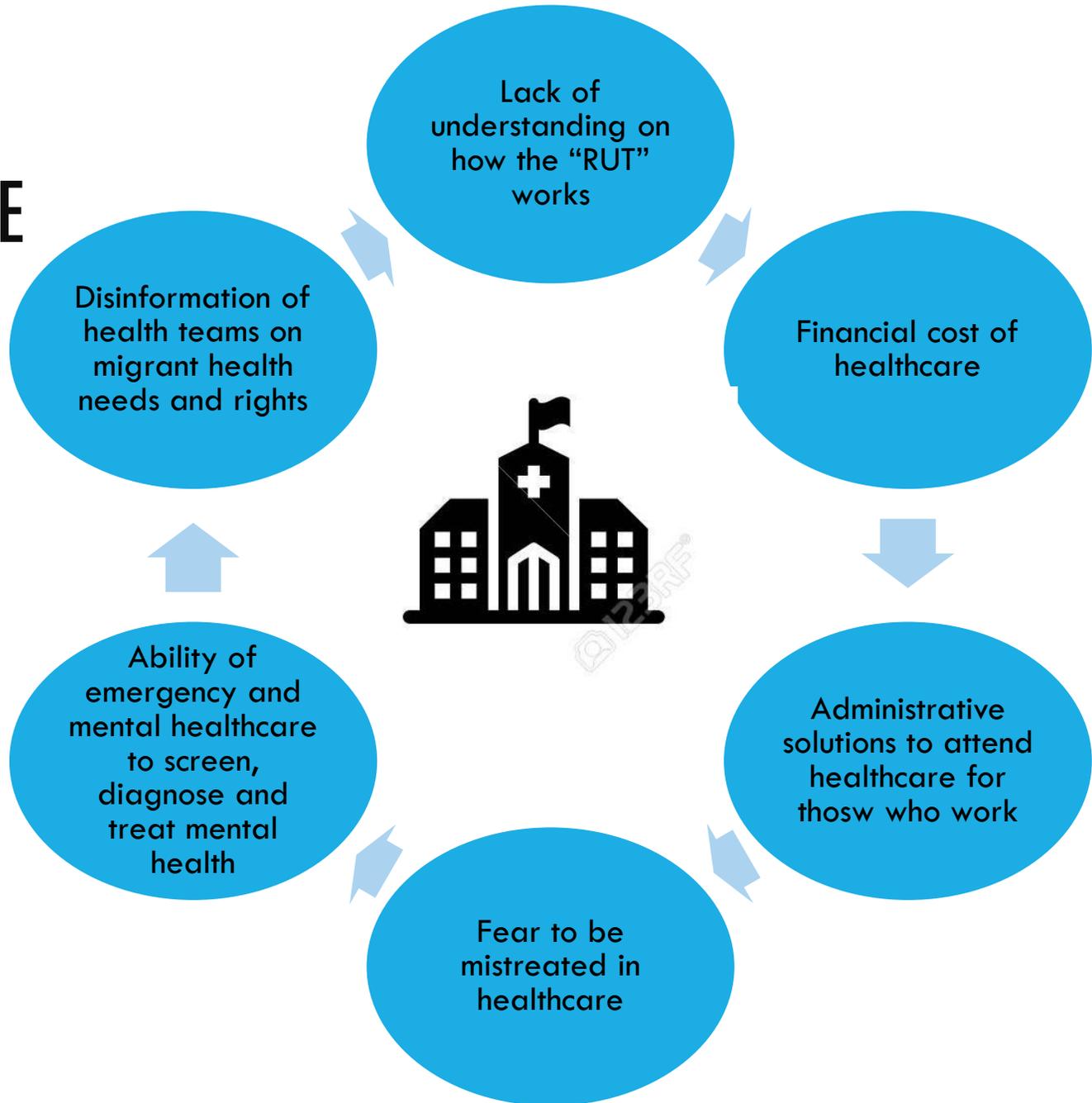


Census data 1902-2017, CASEN 2013, DEM 2015 y 2017.

Produced by B. Cabieses



CHILE: BARRIERS TO MENTAL HEALTH CARE



Fuente: Astorga, Cabieses et.al. en curso de publicación *Percepciones sobre acceso y uso de servicios de salud mental por parte de inmigrantes en Chile, desde la perspectiva de trabajadores, autoridades e inmigrantes Rev. Instituto Salud pública, 2018.*

BOTTLE NECKS



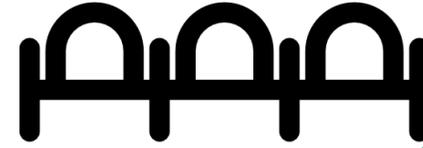
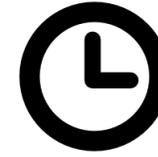
LACK OF HEALTH PROMOTION AND PREVENTION



BARRIERS TO ACCESS



POOR COORDINATION BETWEEN HEALTHCARE UNITS AND SECTORS



POOR FOLLOW-UP OF REFERENCES

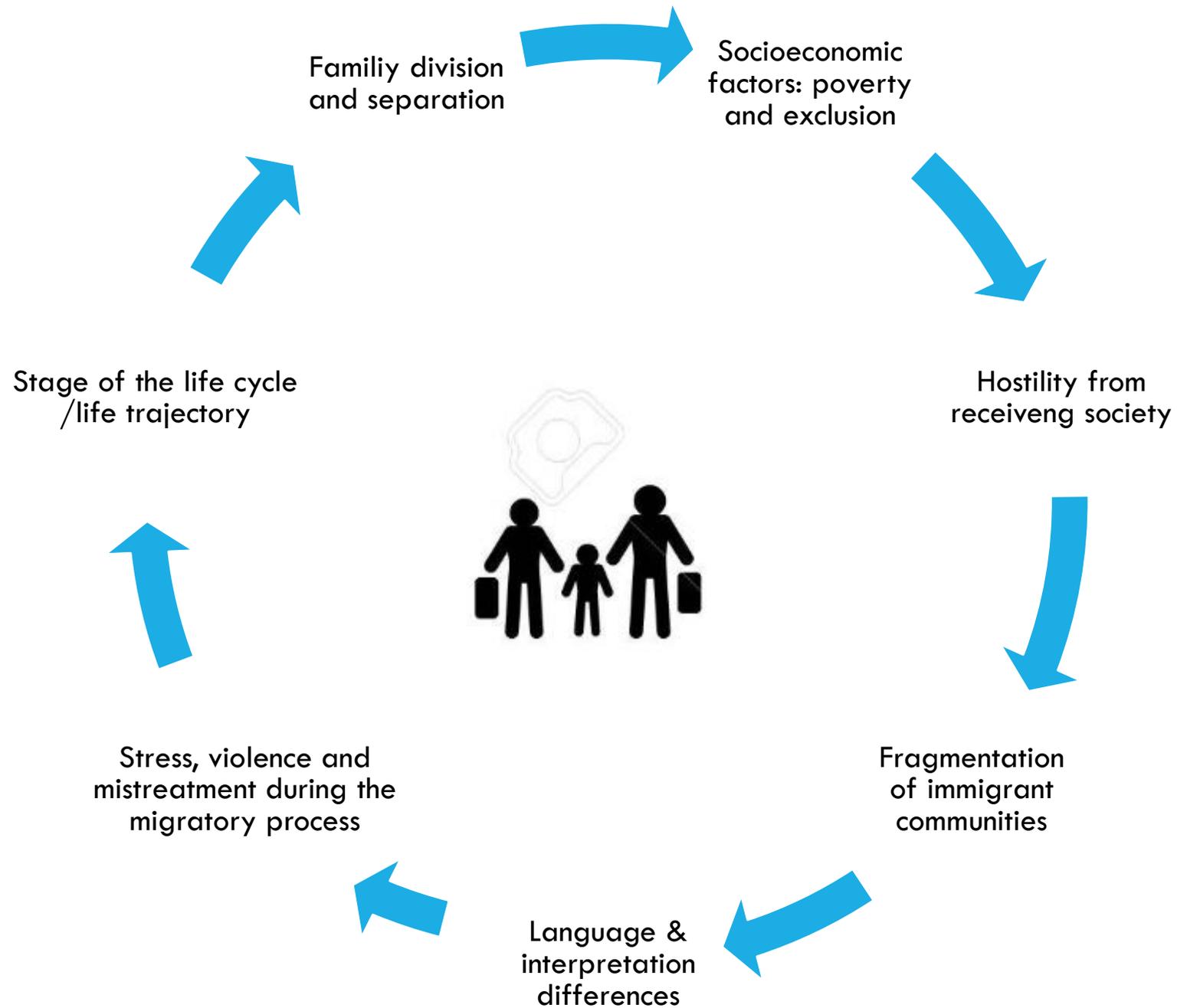


POOR ABILITY OF EMERGENCY AND SPECIALISED CARE



GENERATION OF VULNERABILITY ACROSS THE MIGRATORY PROCESS

KEYS TO ADDRESS MENTAL HEALTHCARE FOR MIGRANTS



CONCLUSIONS

- ❖ The mental health of migrants poses important challenges regarding:
 - ❖ The universality of the diagnostic models of psychiatry and the effectiveness of their treatments
 - ❖ The incidence of structural political and economic factors in the construction of psychological suffering in migrants
- ❖ In Chile there are still few studies on the subject. Access barriers are raised and in terms of prevalence there is a significant incidence of psychic disorders in migrant children and adolescents.
- ❖ The conflictive knots start from the distance and ignorance of the migrant communities, they go through the installation of barriers of access, lack of intersectoral coordination, even the difficulties of action in hospital emergencies, which is where the migrant population with the needs of Health.
- ❖ National Plan for Mental Health 2017-2025 and the International Migrant Health Policy (2017) considers the issue as a priority and focuses it from the perspective of social determinants in health